

FORTY HOURS DEVOTION

The Mystery of the Eucharist

The solemn exposition of the holy eucharist offers the opportunity to the people of God for prayerful reflection on their call to a deeper devotion to the holy eucharist and a more faithful living of the Christian life. It provides them with an opportunity to become more aware of Christ's presence with his people and invites them to a spiritual communion with him.

The eucharistic sacrifice is the source and culmination of the whole Christian life.

Therefore devotion, both private and public, toward the eucharist even outside Mass conforms to the liturgical norms laid down by the Church. When the faithful adore Christ present in the sacrament, they should remember that this presence derives from the sacrifice and has as its purpose both sacramental and spiritual communion.

The devotion prompting the faithful to visit the blessed sacrament draws them into an ever deeper share in the paschal mystery and leads them to respond gratefully to the gift of him who through his humanity constantly pours divine life into the members of his Body. Abiding with Christ the Lord, they enjoy his intimate friendship and pour out their hearts before him for themselves and for those dear to them and they pray for the peace and salvation of the world. Offering their entire lives with Christ to the Father in the Holy Spirit, they derive from this sublime colloquy an increase of faith, hope and charity. Thus they foster these right dispositions that enable them with due devotion to celebrate the memorial of the Lord and receive frequently the bread given us by the Father.

Therefore, the faithful should strive to worship Christ the Lord in the blessed sacrament in a manner fitting in with their own way of life.

Prayer before Christ the Lord sacramentally present [in the eucharist] extends the union with Christ that the faithful have reached in communion. It renews the covenant that in turn moves them to maintain by the way they live what they have received through faith and the sacrament. They should strive to lead their whole lives

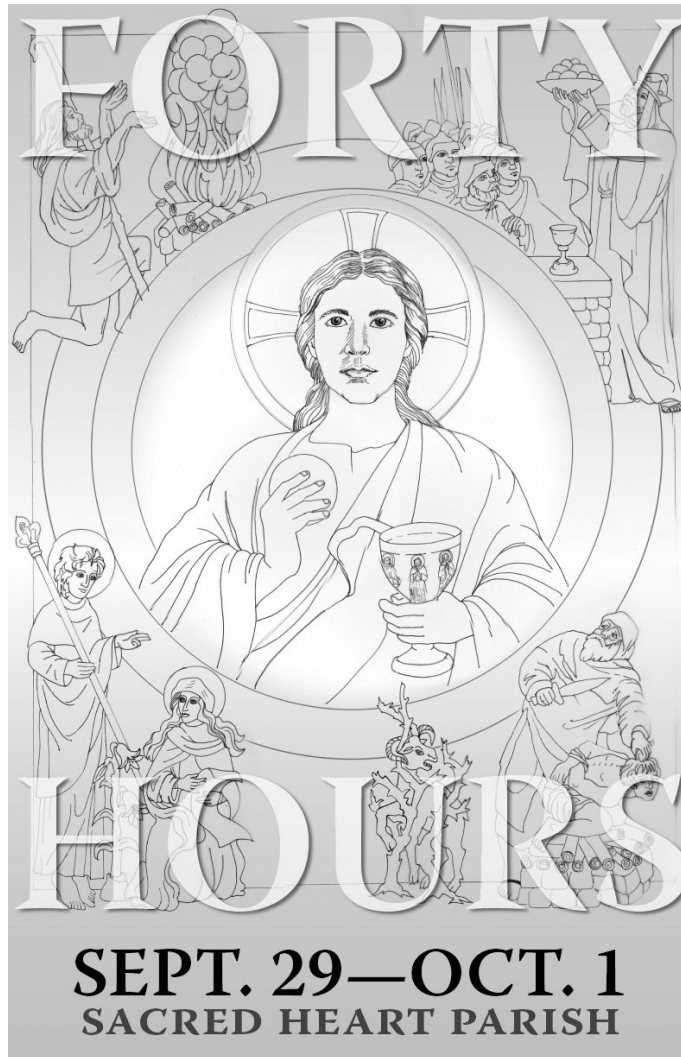
in the strength of this heavenly food, as sharers in the death and resurrection of the Lord. All should be eager to do good works and to please God, so that they may seek to imbue the world with the Christian spirit and, in all things, even in the midst of human affairs, to become witnesses of Christ.

Relationship Between Exposition and Mass

Exposition of the holy eucharist, either in the ciborium or in a monstrance, leads us to acknowledge Christ's marvelous presence in the sacrament and invites us to the spiritual union with him that culminates in sacramental communion. Therefore it is a strong encouragement toward the worship owed to Christ in spirit and in truth.

In such exposition care must be taken that everything clearly brings out the meaning of eucharistic worship in its correlation with the Mass. There must be nothing about the appointments used for exposition that could in any way obscure Christ's intention of instituting the eucharist above all to be near us to feed, to heal, and to comfort us.

During the exposition of the blessed sacrament, celebration of Mass in the body of the church or oratory is prohibited.



If exposition of the blessed sacrament goes on for a day or for several successive days, it should be interrupted during the celebration of Mass, unless it is celebrated in a chapel separate from the area of exposition and at least some of the faithful remain in adoration.

Signs of Reverence to the Blessed Sacrament

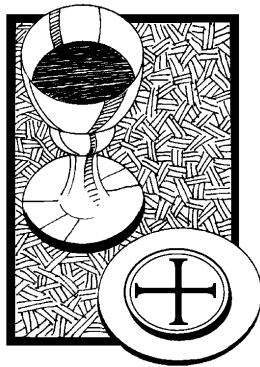
Genuflection in the presence of the blessed sacrament, whether reserved in the tabernacle or exposed for public adoration, is on one knee.

For exposition of the blessed sacrament in the monstrance, four to six candles are lighted, as at Mass, and incense is used. For exposition of the blessed sacrament in the ciborium, at least two candles should be lighted and incense may be used.

How can I participate in the Forty Hours Devotion?

All are invited to spend at least an hour in private prayer. **The church will be open throughout the forty hours, day and night, for anyone to visit and to pray.**

Specifically, we need at least two people to sign up for each hour during the forty hours of devotion. For safety, we hope that many more will sign up during the night-time hours. A sign up poster will be available in the back of the church or Our Lady Chapel beginning September 1st. We ask that you sign your name on the poster, and submit the following contact information form, so we can remind you of your designated prayer time.



FORTY HOURS

SACRED HEART PARISH

Schedule of liturgies and public prayer

Sept. 29th THURSDAY	7:00PM	Opening Mass
	10PM	Night Prayer
Sept. 30th FRIDAY	7AM	Morning Mass, <i>Chapel</i>
	9AM	Morning Mass, <i>Chapel</i>
	12 PM	Mid Day Prayer
	3PM	Liturgy of the Word
	7:30PM	Rosary
Oct. 1st SATURDAY	10PM	Night Prayer
	9AM	Morning Mass, <i>Chapel</i>
	12 PM	Mid Day Prayer
	4PM	Closing Mass <i>followed by hospitality in the lower church</i>

Yes, I/we would like to participate in the Forty Hours Devotion by signing up to pray during the circled hour(s)

NAME(S) _____ CONTACT PHONE NUMBER: _____

SEPT 29: 8PM 9PM 10PM 11PM

SEPT 30: 12AM 1AM 2AM 3AM 4AM 5AM 6AM 7AM 8AM 9AM 10AM 11AM

12PM 1PM 2PM 3PM 4PM 5PM 6PM 7PM 8PM 9PM 10PM 11PM

OCT 1: 12AM 1AM 2AM 3AM 4AM 5AM 6AM 7AM 8AM 9AM 10AM 11AM

12PM 1PM 2PM 3PM

PLEASE RETURN THIS FORM TO THE PARISH OFFICE, OR PLACE IN THE COLLECTION BASKET AT MASS. THANK YOU!